

Spring 2025

# Sherwood Forrest

## neighbourhood news



### Easter Egg Hunt

Saturday, April 19  
Dean Henderson Park  
10:30 – 11:30 am



A quarterly newsletter issued  
by the Sherwood Forrest  
Residents Association

### What's Inside

What's Shakin' in the Hood	2
Safe City Mississauga	2
'Tis the Season	3
Leaning Into the Light	4
Membership Drive	5
Like It or Not	6
Thanks to the Ice Rink Crew	7
Upcoming Events	7
SFRA Committee	7
Local Business Directory	8

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## Happy Spring Sherwood Forrest!

by **Cara Cross, SFRA President**

It was a very cold and snowy start to the year, and the challenging weather brought out the best in our community. Neighbours helped neighbours clear driveways, temporary frozen residents popped up in our parks and boulevards, and our amazing volunteer ice rink team were on double duty. Thanks to the dedication of this team, our first SFRA event of the year, Family Skate in Sherwood Green Park, was a huge success. Even wildlife enjoyed some neighbourhood hospitality as residents caught sight of a deer snacking at their bird feeder and a fluffy brown owl rested on a sheltered porch railing.

With spring arriving we look forward to some of our favourite annual events in Sherwood Forrest. This year's Easter Egg Hunt will take place on Saturday, April 19 in Dean Henderson Park, and is being sponsored by Hallett Homes. This event is always full of fun and chocolate, and a visit by our special guest star Peter Rabbit. The very next weekend is Earth Day, which we will celebrate on Saturday, April 26. Come out and help care for our beautiful parks and green spaces by collecting garbage and enjoying a well-earned slice of pizza in the park with your neighbours.

We need your input! SFRA is looking to gauge community interest to assess whether to hold other spring events. The potential events under discussion are May Parade of Garage Sales, Seniors Afternoon Social Tea and Adult Evening Indoor Sports Event (Simulator Golf, Pickleball). Also, we would like to enhance the Fun Day parade that will take place on Saturday, June 21 and marches through the neighbourhood around Sherwood Green Park. We will be sending out more info in future communications so look for your opportunity to provide input or email your feedback to [sherwoodforrestra@gmail.com](mailto:sherwoodforrestra@gmail.com).

The new Neighbourhood Ambassador program is also a great way to be more involved in events, with a very minimal time commitment. If you can help, please contact one of our committee members or email [sherwoodforrestra@gmail.com](mailto:sherwoodforrestra@gmail.com).



### Earth Day Clean-up TWO LOCATIONS!

Sherwood Green & Dean Henderson Park  
Saturday, April 26th  
10:00 am – 12:30 pm

# What's **Shakin'** in the hood?

## SFRA Code of Conduct & Complaint Resolution Process

The SFRA prides itself on being an inclusive organization. We welcome and support people of all backgrounds and identities. We have zero tolerance for harassment, violence or exclusionary behaviour in our meetings, events and social media. To remain in good standing as a recognized community group in Mississauga, we have documented our by-laws, including a Code of Conduct and Complaint Resolution Process.

Many of the inquiries we receive from residents are regarding contravention of City by-laws and/or various issues that arise between neighbours. While we encourage you to communicate directly with the individual(s) to resolve the problem/issue, the SFRA has a process that provides guidance to members on how to resolve complaints that may relate to our neighbourhood or the SFRA. For details, visit [www.sfra.ca/about](http://www.sfra.ca/about).



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are invited to a **UTM Open House on March 30 from 10:00 am to 3:00 pm** to tour the campus, meet faculty and students, and discover programs and co-op opportunities.

## Safe City Mississauga

One of the biggest concerns in Sherwood Forrest (and really, any neighbourhood) is safety and crime prevention. Safe City Mississauga (aka Neighbourhood Watch) provides resources to empower residents to stay vigilant against crime and suspicious activities. This is not an SFRA program. It is a no-cost initiative to help create safer streets and stronger communities. A Neighbourhood Watch can only happen if there is enough interest and community buy-in. It requires canvassing, outreach, training and designated team leads. If you are interested in the program, email [sherwoodforrestra@gmail.com](mailto:sherwoodforrestra@gmail.com).

## Made in the Shade

If you've walked through Sherwood Green Park lately, you may have noticed that it's getting a 'shade structure.' The City has also said that the basketball court is scheduled to be repaired this year.



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# 'Tis the Season for a Sunny Burst of Flavour!

by Cara Cross

It's finally spring and time to enjoy a little more sunshine and lighter flavours. Sunburst Lemon Bars are the perfect thing to hit that sweet spot. Are these squares easy to make and absolutely delicious? Oh yes! Do they have sugar? Oh yes, but you can modify the icing or just enjoy a special sweet treat.

Prep: 15 mins | Cook: 60 minutes | Yield: 36 bars

## INGREDIENTS

### Crust

- 2 cups all-purpose flour
- 1/2 cup powdered sugar
- 1 cup butter or margarine, softened

### Filling

- 4 eggs, slightly beaten
- 2 cups sugar
- 1/4 cup all-purpose flour
- 1 tsp baking powder
- 1/4 cup lemon juice

### Frosting

- 2 cups powdered sugar
- 6 tbsp lemon juice (or more as needed)

## DIRECTIONS

Pre-heat oven to 350°F. In large bowl, combine all crust ingredients at low speed until crumbly. Press mixture evenly in bottom of ungreased 13' x 9' pan. Bake for 20 to 30 minutes or until light golden brown.

Meanwhile, in a large bowl combine all filling ingredients except lemon juice and blend well. Stir in 1/4 cup lemon juice. Pour mixture over warm crust.

Return to oven and bake an additional 25 to 30 minutes or until top is light golden brown. Cool completely.

In a small bowl, combine 1 cup powdered sugar and enough lemon juice for desired consistency for spreading. Blend until smooth. Spread over cooled bars.

**Enjoy the season!**



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# Leaning Into the Light

By Olive Hanna

Spring mornings are best enjoyed in a warm sunny garden. Add a cup of coffee and it feels like heaven. Sipping my way along the flower beds like a detective, I search for evidence the perennials have made it through another winter. By mid-May, once the garden outline reappears, I happily settle into a feeling of relief and renewed expectation.

By then I have a fair idea what to include on my garden centre list. A combination of easy-care annuals and some new perennials to keep things interesting. Magically the sun, rain and mother nature's hand over many days together, bring forth a returning masterpiece in every bloom. But even beautiful flowers have their needs and wants.

Having spent many hours gardening over the years, I have noticed a correlation between plants and people's behaviour. Plants, like people, do best in an environment that meets their needs. Or adapt to where they live, losing something of their personality and beauty. One plant in particular comes to mind: a deep pink peony relocated to the wettest part of the garden one fall. The following spring, it grew small and flowerless, and it got me thinking... was this in protest to being moved or simply in response to its unhappy lot?

I didn't know exactly what to do. Simply ignore the feeble specimen. Uproot and plant it somewhere else or try a new approach. I decided patience and faith was the best option. Thereafter each year the peony returned taller and more abundant than the year before. It's large pink blooms and glossy green leaves demanded more than a momentary glance to admire both the plant and the corner of the garden it now graced. How glad I was that I left the plant in charge of growing itself, with my support of course.

Many people, including myself, feel a bit fragile at times due to the disruptions and uncertainties in our day to day lives. Not so for the proud peony, now looking robust and healthy enough for me to take a couple of cuttings for propagation. So, I went into the garden and stood under a tree looking down at the plant, trying to decide how best to proceed. When I casually turned my head sideways and noticed a hosta about 10 feet away. Straight away I became aware that something was different. Its light purple flowers were bent and leaning towards the lawn and into the light. For me, the moment froze as I thought "that plant is reaching and bending for what it needs to stay alive and grow." It is leaning into the light and changing its shape, yet nothing was missing. Its green shiny leaves were lush and its flowers plentiful. For sure its shape was different, not as one



would expect. Yet it was complete in every respect except for its bent flowers, which would normally stand erect.

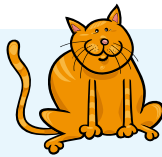
From another position on the lawn, the bent flowers were less noticeable than when viewed from under the trees. It made me think of how people change when they go through a tough time in their lives. When their needs are not being met. They put on a happy face while feeling sad inside.

They may seem normal when you meet them. But because you notice something's not quite right, you sit a little longer and become aware of the strain in their voice or their less joyful energy, bending towards a perceived solace in your presence. "They lean into the light of your awareness of them." How they feel matters and if only slightly, they feel better just being with you.

The hosta figured out how to reach the sunlight all on its own. But I expect a little work on my part to trim the tree and invite the light is the right move. Just as taking a short video for family and friends. Of climbing roses like a red waterfall, cascading from the side of my house. Or a robin's nest with four blue eggs, hidden under a pink clematis, as my way of saying I'm thinking of you. I hope you're well. I hope this makes you happy and just remember, when things get hard, lean into the light of the things you need and want and those already inside you too.



## Kitty Corner



Meet Lisa. She is 13, at least that's how old we think she is! Lisa started living with us when our daughter found her wandering around our house in Miami 12 years ago. Lisa has always been an outdoor pet. She was born 'on the streets' and thoroughly enjoys being outside. She is very friendly (as many people around us know) and loves to sit and enjoy the sun. Like most of us who are aging, she prefers quiet spaces without her younger feline or canine brothers. She is very much loved and cared for on a daily basis. Her favourite place to sleep is in the house with one of our boys. Lisa is fierce and loves to climb trees. She will give any predator a run for their money! If you see her around, show her some love. She'll love that!







# Spring Membership Drive

by Alouise Henderson

It's officially spring, which means our annual Membership Drive has begun! Membership fees help the SFRA fund the many events that take place in our community - from the Easter Egg Hunt and Earth Day to Fun Day and the Summer Social. Thank you in advance for helping us achieve our goal of \$7,500 (@ 250 households).

You can drop off your \$30 fee (or more if you like!) at 2581 Robin Drive using the attached envelope. If paying by cheque, please make it payable to "Sherwood Forrest Residents Association" or "SFRA." Or you can send an e-transfer to [SFRAtreasury@gmail.com](mailto:SFRAtreasury@gmail.com).

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# Like It or Not

## Like It...

During the big snowfalls this winter, neighbours very kindly helped each other out clearing driveways especially after the snowplows blocked them at the bottom!

## Not...

Telephone scams are still running rampant and getting more sophisticated, taking advantage of innocent people. Do not share your private and financial information or be fooled by someone saying your loved one needs your help.

## Like it...

A big thank you to everyone who shared photos of the beautiful wildlife that visited homes in Sherwood Forrest. We are so lucky to have these wonderful creatures living with us. (Ed. But please don't feed them!)

## Like it...

It was nice to see the fantastic snow art in the park. A very happy snowman stood in his fort for many days!


## Have something to say?

Email your Likes or Nots to [SherwoodForrestRA@gmail.com](mailto:SherwoodForrestRA@gmail.com)

A Sherwood Forrest Exclusive



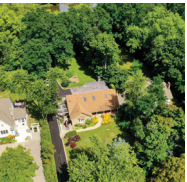

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# Sherwood Forrest is Skating Thanks to the Ice Rink Crew!

Finally! Residents of Sherwood Forrest experience a real Canadian winter. That meant more outdoor skating on the Sherwood Green rink this season than the last few years combined. But we couldn't have enjoyed the magic without a lot of help from Mother Nature and our intrepid, dedicated Ice Rink Crew. Thank you!



Back (L-R): Charles Cheltenham, Dylan Westgate, Paul Walcott, Larry Indovina  
Front: Michael Desmit, Brian Edwards, Steve Webster, Eric Tang



Richard Halluk, John Ferris, Claudette Halluk, Fiona Barclay, Peter Morris

## UPCOMING EVENTS

### Easter Egg Hunt

Sat., April 19th  
Dean Henderson Park  
10:30 – 11:30 am



### Earth Day Neighbourhood Clean-up

Sat. April 26 • 10 am to 12:30 pm  
Sherwood Green & Dean Henderson

### FUN Day & Summer Social

Sat., June 21st





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## SFRA Executive Committee

Contact Name	Title & Duties	Contact Number	Email
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Launa Crasto	Secretary	647.274.0118	launsk@hotmail.com
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Alouise Henderson	Membership	905.823.2099	henderson.h@rogers.com
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Johanny Moreno	Events & Signage	416.402.6252	jamorenov69@outlook.com
Soni Sharma	Facebook & Events	647.330.7664	soni_sharma@outlook.com

Contact the SFRA and get involved in your neighbourhood.

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